



**Prescribed Coding of RNAV STAR for RWY 19R/19L**

## REMARK:

Aircraft to STOCKHOLM/Arlanda shall not be operated at an airspeed of more than 250 kt IAS below FL100 unless otherwise instructed.

STARs to RWY 19L and RWY 19R are identical. Which RWY to be used will be assigned by ATC in the inbound clearance.

Clearance limit is normally the IAF.

From IAF aircraft will be vectored to final approach.

In case of radio communication failure, see AD 2.22 para 3.

All RNAV STARs are based on GNSS or DME/DME for position update.

**ELTOK 8P (ELTOK EIGHT PAPA ARRIVAL)**

Path Term	Waypoint Identifier	Fly-over	Course °M(°T)	Dist (NM)	Turn Dir	Altitude (ft AMSL)	Speed Limits (kt)	VPA/RDH (°/ft)	Rec Navaid	Nav Spec
IF	ELTOK	-	-	-	-	-FL110	-	-	-	RNAV 1
TF	SA821	-	075° (083.4°)	8.1	-	-	-	-	-	RNAV 1
TF	BALVI	-	111° (119.0°)	11.6	-	-	-	-	-	RNAV 1

STAR instruction: ELTOK (FL110 or below) – SA821 – BALVI

**NILUG 3P (NILUG THREE PAPA ARRIVAL)**

Path Term	Waypoint Identifier	Fly-over	Course °M(°T)	Dist (NM)	Turn Dir	Altitude (ft AMSL)	Speed Limits (kt)	VPA/RDH (°/ft)	Rec Navaid	Nav Spec
IF	NILUG	-	-	-	-	-FL170	-	-	-	RNAV 1
TF	SA630	-	018° (026.0°)	18.9	-	-	-	-	-	RNAV 1
TF	TEB	-	355° (003.4°)	26.2	-	-	-	-	-	RNAV 1
TF	ERXEC	-	002° (010.4°)	22.3	-	-	-	-	-	RNAV 1

STAR instruction: NILUG (FL170 or below) – SA630 – TEB – ERXEC

**VACRA 1P (VACRA ONE PAPA ARRIVAL)**

Path Term	Waypoint Identifier	Fly-over	Course °M(°T)	Dist (NM)	Turn Dir	Altitude (ft AMSL)	Speed Limits (kt)	VPA/RDH (°/ft)	Rec Navaid	Nav Spec
IF	VACRA	-	-	-	-	-FL130	-	-	-	RNAV 1
TF	SA541	-	176° (184.1°)	11.7	-	-	-	-	-	RNAV 1
TF	ERXEC	-	176° (184.1°)	11.4	-	-	-	-	-	RNAV 1

STAR instruction: VACRA (FL130 or below) – SA541 – ERXEC

**XILAN 6P (XILAN SIX PAPA ARRIVAL)**

Path Term	Waypoint Identifier	Fly-over	Course °M(°T)	Dist (NM)	Turn Dir	Altitude (ft AMSL)	Speed Limits (kt)	VPA/RDH (°/ft)	Rec Navaid	Nav Spec
IF	XILAN	-	-	-	-	-FL150	-	-	-	RNAV 1
TF	SA570	-	246° (254.3°)	12.1	-	-	-	-	-	RNAV 1
TF	TEB	-	246° (254.0°)	15.6	-	-	-	-	-	RNAV 1
TF	ERXEC	-	002° (010.4°)	22.3	R	-	-	-	-	RNAV 1

STAR instruction: XILAN (FL150 or below) – SA570 – TEB – Turn right to ERXEC