



CHANGE: Totally revised. VAR: LUHIQ 1T new. DIGLO 1T, NONKI 1T, OSLAV 1T and UL TEX 1T removed. ESD873 new.

**ÄRE ÖSTERSUND**  
**RNAV STAR RWY 30**

**Prescribed Coding of RNAV STARs for RWY 30**

Operators receiving clearance via RNAV STAR and are unable flying RNAV 1, shall inform ATC by using phraseology "UNABLE RNAV STAR". ATC will then provide vectors or provide clearance via conventional STAR.

When descending on initial approach, noise reductions should be achieved using Lower Power, Low Drag operating procedures (LP/LD) by maintaining a "clean" aircraft configuration until the final stage of the approach, provided this is consistent with safe operation of the aircraft.

**BENKA 2T - BENKA TWO TANGO ARRIVAL**

Path Term	Waypoint Identifier	Fly-over	Course °M(°T)	Dist (NM)	Turn Dir	Rest Alts (ft AMSL)	Speed Limits (kt)	VPA/RDH (°/ft)	Rec Navaid	Navigation Specification
IF	BENKA	-	-	-	-	+FL100	-	-	-	RNAV 1
TF	NZ403	-	226°(231.7°T)	9.7	-	+3800	-	-	-	RNAV 1
TF	NZ623	-	225°(231.5°T)	9.0	-	+2800	-	-	-	RNAV 1

STAR instruction: BENKA (FL100 or above) - NZ403 (3800 ft or above) - NZ623 (2800 ft or above)

**LUHIQ 1T - LUHIQ ONE TANGO ARRIVAL**

Path Term	Waypoint Identifier	Fly-over	Course °M(°T)	Dist (NM)	Turn Dir	Rest Alts (ft AMSL)	Speed Limits (kt)	VPA/RDH (°/ft)	Rec Navaid	Navigation Specification
IF	LUHIQ	-	-	-	-	+FL100	-	-	-	RNAV 1
TF	NZ551	-	009°(014.6°T)	7.0	-	+FL070	-	-	-	RNAV 1
TF	NZ552	-	009°(014.6°T)	9.7	-	+3800	-	-	-	RNAV 1
TF	NZ623	-	009°(014.8°T)	9.0	-	+2800	-	-	-	RNAV 1

STAR instruction: LUHIQ (FL100 or above) - NZ551 (FL070 or above) - NZ552 (3800 ft or above) - NZ623 (2800 ft or above)