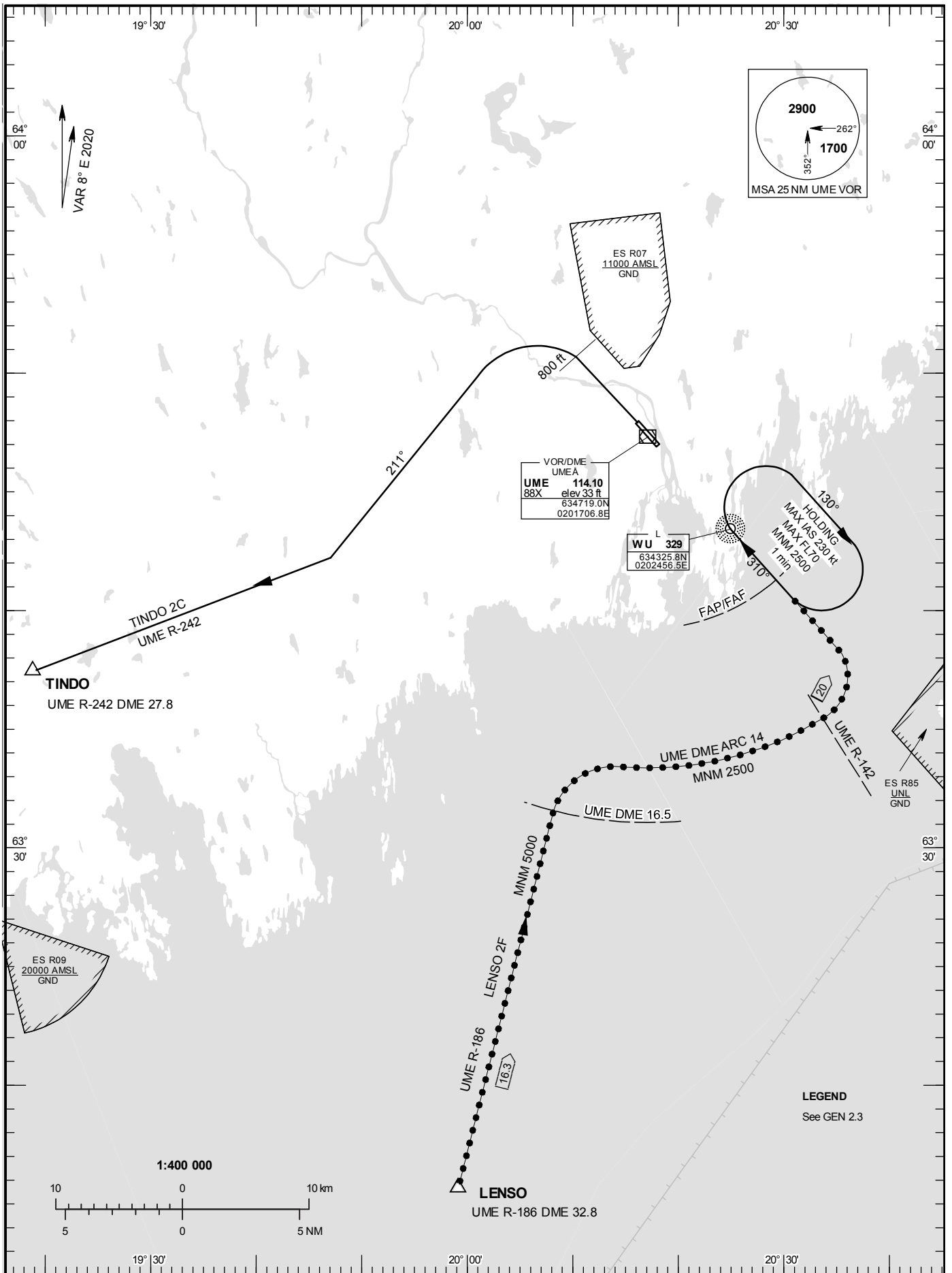


STANDARD INSTRUMENT
DEPARTURE AND ARRIVAL
CHART (SID/STAR) - ICAO

HGT and ALT in ft
BRG are MAG
TA 5000 ft AMSL

UMEÅ TOWER	119.805
	118.080

RWY 32



DEPARTURE (SID) RWY 32

TINDO TWO CHARLIE DEPARTURE (TINDO 2C)

Straight ahead to 800 ft, turn left to track 211°. Intercept UME R-242 and proceed to TINDO.

ARRIVAL (STAR) RWY 32

REMARK

Descent to a minimum altitude for an arrival route must not be initiated until an ATC clearance to this altitude or an approach clearance has been received.

LENSO TWO FOXTROT ARRIVAL (LENSO 2F)

At LENS0 intercept UME R-186 and proceed to UME DME 16.5, not below 5000 ft. Turn right and proceed on UME DME ARC 14. *) At UME R-142 turn left to intercept LOC SNU, not below 2500 ft until FAP/FAF.

**) For VOR/DME APCH: At UME R-142 turn left to intercept UME R-130, not below 2500 ft until FAF DME 8.1.*