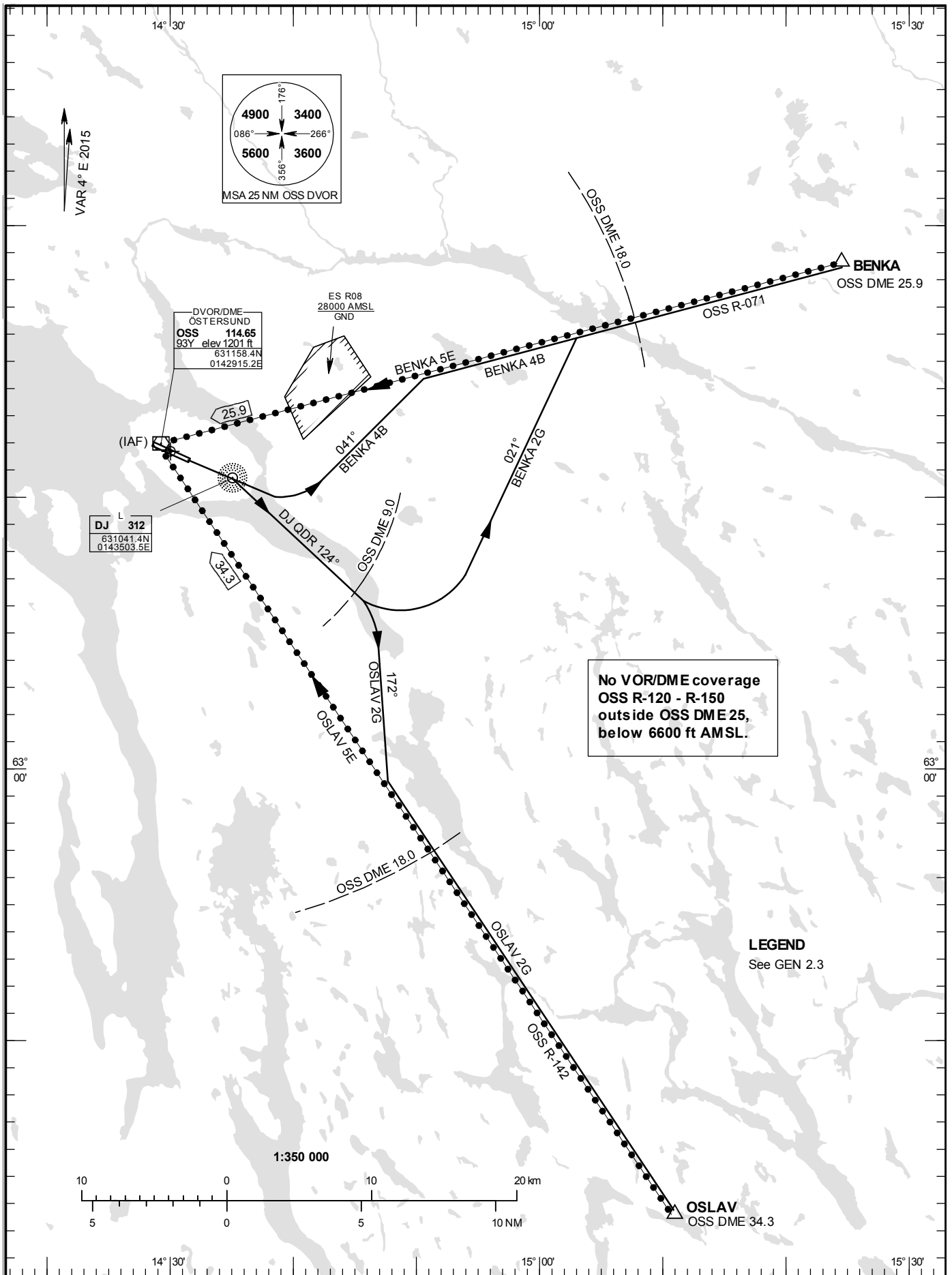


STANDARD INSTRUMENT  
DEPARTURE AND ARRIVAL  
CHART (SID/STAR) - ICAO

HGT and ALT in ft  
BRG are MAG  
TA 6000 ft AMSL

ÖSTERSUND TOWER 135.655

SID and STAR RWY 12



## DEPARTURE (SID)

### BENKA FOUR BRAVO DEPARTURE (BENKA 4B)

Straight ahead to 2800 ft with MNM climb gradient 260ft/NM (4.3%). Turn left to track 041°, intercept R-071 OSS and proceed to BENKA.

### BENKA TWO GOLF DEPARTURE (BENKA 2G)

Straight ahead to DJ with MNM climb gradient 260ft/NM (4.3%), then turn right to QDR 124° DJ. At DME 9.0 OSS turn left to track 021°, intercept R-071 OSS and proceed to BENKA.

### OSLAV TWO GOLF DEPARTURE (OSLAV 2G)

Straight ahead to DJ with MNM climb gradient 260ft/NM (4.3%), then turn right to QDR 124° DJ. At DME 9.0 OSS turn right to track 172°, intercept R-142 OSS and proceed to OSLAV.

## ARRIVAL (STAR)

### BENKA FIVE ECHO ARRIVAL (BENKA 5E)

At BENKA intercept R-071 OSS, not below 3800 ft until DME 18.0 OSS. Proceed on R-071 OSS to OSS, not below 3600ft.

### OSLAV FIVE ECHO ARRIVAL (OSLAV 5E)

At OSLAV intercept R-142 OSS, not below 3800 ft until DME 18.0 OSS. Proceed on R-146 OSS to OSS, not below 3600ft.