



ESMM 4  
124.405  
Class G airspace  
within Sweden FIR  
128.630

ESMM 5  
132.765  
Class G airspace  
within Sweden FIR  
128.630

ESMM K  
131.280  
Class G airspace  
within Sweden FIR  
124.855

ESMM L  
134.980  
Class G airspace  
within Sweden FIR  
133.805

ESMM 8:1  
128.180  
FL 365  
FL 195

ESMM K:4  
FL 285  
FL 195

ESMM L:3  
FL 285  
FL 195

ESMM L:7  
1500 AMSL  
GND

ESMM L:6  
2500 AMSL  
GND

ESMM L:8  
3500 AMSL  
GND

ESMM K:1  
FL 285  
GND

ESMM K:3  
FL 285  
FL 195

ESMM 7:3  
124.155  
FL 365  
FL 195

ESMM 7:1  
124.155  
FL 365  
GND

ESMM 7:2  
124.155  
FL 365  
FL 95

ESMM L:5  
FL 285  
FL 105

WARSAWA FIR

KALININGRAD FIR

ESOS 2:5  
133.705  
FL 155  
GND

ESOS 6:4  
132.480  
FL 285  
FL 155

ESOS 6:3  
132.480  
FL 285  
GND

ESOS 6:5  
132.480  
UNL  
FL 195

ESOS 4:2  
118.205  
FL 285  
GND

ESOS F:2  
124.430  
FL 660  
FL 95

ESOS F:1  
124.430  
UNL  
GND

ESOS N:1  
132.155  
UNL  
GND

ESOS N:3  
132.155  
FL 95  
GND

HELSINKI FIR

TALLINN FIR

RIGA FIR

VILNIUS FIR

BREMEN FIR

SWEDEN FIR

POLARIS FIR

KOEBENHAVN FIR